

## Covenant Group Session One Facilitator Notes

### Getting To Know You: One

#### **Contacting the group members**

Please phone the group members at least a week before the first gathering.

- Tell them how glad you are they are in the group and how much you're looking forward to meeting them at the first gathering.
- Ask whether they received information that was (e)mailed.
- Do they need directions to the meeting place?
- Do they have any special seating needs, such as a hard chair?

#### **Preliminaries**

“Preliminaries” is the first item for discussion. This portion of the meeting should generally last no longer than 10 minutes and is conducted by the Facilitator.

\* At this first meeting, explain the session logistics.

- Each gathering will last 2 ½ hours and will address a certain topic at each gathering.
- On occasion the topic maybe given for the next gathering.
- Discuss facilitators role. Refer them to the “Welcome, New Member” handout, page 4.
- Given that this is the first gathering you may want to consider explaining each section of the meeting when you come to it, for example: “we start each covenant group meeting with an opening ritual. This is the time we (your own words) . . . . Refer them to the “Welcome, New Member” handout pages 1 and 2 for further description.

\* Pass around your rooster sheet and ask that they verify their phone, address, and email and to make corrections as necessary. (*Ask if can distribute copies of this list at the next meeting.*)

\* Point out where the bathrooms are, etc.

#### **Preparation for the Next Session**

At the end of the first session ask group members to bring an object from home to share that is significant to them and their life.