

# Positive Covid Case Reported

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## Anne A (in person Sunday 7/31) Positive Covid-19 Test

With regret, we wanted to let everyone who was in attendance at Sunday's Worship Service or the Picnic for 8 last Sunday, July 31, know that we received confirmation of a Positive Coronavirus Test from Anne Arfaa, who was at both. Anne has some cold and flu symptoms, but is fine and is taking COVID medication. She wore a mask inside, and was unmasked outside.

**If you were in attendance at either on Sunday in person, the best protocols we can follow are to:**

- Monitor yourself for any symptoms over the next 2 days
- Get tested via home test and/or PCR lab test today or tomorrow if possible
- Distance as much as possible and wear a mask until then when in public
- If you do test positive, **Let us know immediately**, and quarantine as much as possible for at least 5 days (or until two negative tests in 24 hour period)
- If you know other people who were at either event, make sure they know this information and read this email

Testing locations with a fixed weekly schedule are run by the city are found here: <https://www.phila.gov/covid-testing-sites/#/>

and pop up events here: <https://www.phila.gov/the-latest/all-events/?category=Mobile%20testing%20sites%20for%20COVID-19>

### **Symptoms to watch out for:**

- Runny nose
- Fatigue
- Headache
- Sore throat for five days
- excessive sneezing (if vaccinated)
- Scratchy throat
- Lower back pain
- altered bathroom habits

**Please contact Bruce Pollack-Johnson ([pollackjohnson@verizon.net](mailto:pollackjohnson@verizon.net)), or 215-688-8747 ASAP if you test positive.**

**In the meantime, please reach out with questions about how to get tested, where to get tested, etc.**